Centre for Aboriginal Economic Policy Research
The Australian National University

Education, Training and Indigenous Futures

Research Summaries
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Reference No. 29
Summarising: Brady (2005), The Grog Book
Responsibility for the preparation of this research summary rests with the authors of the MCEETYA report Education, Training and Indigenous Futures: CAEPR Policy Research 1990–2007 and not the original author(s) of the summarised material.

Reference No. 29

Title of Research:
The Grog Book

Research Publication:
The Grog Book

Name of Researcher(s):
M. Brady

Time period:
2005

Geographic location:
Australia-wide

Methodology:
This book has been developed from the researcher’s long-term study of alcohol consumption among Indigenous Australians and from input from many other researchers and Indigenous and non-Indigenous organisations working on this issue.

Aims:
The book is designed to support those Indigenous communities, health workers educators and those in the police or prison services to address the issue of excessive alcohol consumption among Indigenous peoples.

Selected findings and insights:
A summary of the content of The Grog Book is as follows:

- The history of Indigenous drugs and alcohol, including legislation and alcohol policy
- Facts and information about alcohol and its consumption, including the effects of excessive alcohol consumption and the social and physical environmental influences upon alcohol consumption;
- The implementation of community action, including strategies to encourage community action;
- Prevention and awareness raising strategies;
- The use of controls over supply and consumption;
- Strategies for managing drinking problems within a community; and
- Health care for those affected by excessive alcohol consumption.

The Grog Book represents the outcomes of much medical and community action research undertaken both in Australia and internationally and reflects the more practical approach taken by CAEPR in addressing significant Indigenous social and health issues, which complements its theoretical and statistical research activities and perspectives.
Educational implications:

This book is a valuable resource for student counsellors and health workers who are involved in student and community education about alcohol and substance abuse.

Relevance:

Introductory Topic: The Health of Indigenous Australians

Related papers:
